RCH F/W 2020* - Week 4 Service for 04/05/2021

MONDAY APR 05	TUESDAY APR 06	WEDNESDAY APR 07	THURSDAY APR 08	FRIDAY APR 09	SATURDAY APR 10	SUNDAY APR 11
			BREAKFAST			
Fresh Whole Orange	Fresh Whole Banana	Fresh Whole Apple	Fresh Whole Orange	Fresh Whole Banana	Fresh Whole Apple	Fresh Whole Orange
Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
Scrambled Eggs	Sausage Patty	Egg Cheese Breakfast Casserole	Egg and Cheese Burrito	Cheesy Chive Scrambled Eggs	Spinach and Tomato Frittata	Egg & Cheese Biscuit Sandwich
Home Fries	Scrambled Eggs	Raisin Toast	Turkey Sausage Patty	Pancake	Home Fries	Sausage Links
Wheat Toast	Wheat Toast	····	Wheat Toast	Wheat Toast	Wheat Toast	Wheat Toast
			LUNCH			
Iceberg Tossed Salad	Caesar Salad w/Dressing	Iceberg Tossed Salad	Caesar Salad w/Dressing	Iceberg Tossed Salad	Iceberg Tossed Salad	Italian Dressing
Italian Dressing	Turkey Sloppy Joe	Balsamic Vinaigrette	Marinated Mojito Pork Shoulder	Italian Dressing	Balsamic Vinaigrette	Iceberg Tossed Salad
Sausage & Peppers	Baked Sweet Potato	Beef Tips in Mushroom Sauce	Rice Pilaf	Lemon Pepper Baked Pollock	Turkey Tetrazzini	Beef Pot Roast
Oven Baked Fries	Sauteed Kale	Herbed Couscous	Steamed Green Peas	Plain Egg Noodle	Spaghetti	Parslied Potatoes
Seasoned Green Beans	Chocolate Ice Cream	Mixed Corn Vegetable	Spiced Peaches	Braised Greens & Peppers	Stewed Tomatoes	Oven-Roasted Brussels Sprouts
Homemade Apple Cobbler	Broccoli Cheddar Cakes(ML)	Oatmeal Raisin Cookies	Roasted Eggplant w/ Penne(OSG)	Frosted Spice Cake	Homemade Rice Pudding	Yellow Cake/Choc Icing
Hot Dog on Bun		Rosemary Lemon Chicken Thighs		Tuscan Stew(OSG)	Stuffed Pepper with Brown Rice(ML)	Penne with Tomato Cream Sauce(ML)
			DINNER			·
Vegetarian Lentil Soup	Mushroom Barley Soup	Navy Bean & Ham Soup(GF)	Chicken Noodle Soup	Homemade Tomato Soup	Black Bean Soup(GF)	Pasta Fagioli Soup
Ham & Swiss On Wheat	Roast Beef on Wheat	Turkey & Swiss Melt on White	Shepherd's Pie	Tuna Salad on White Bread	Chicken Vegetable Quesadilla	Pulled Pork Sandwich
Potato Salad	Garlic Whipped Potatoes	Harvard Beets	Steamed Fresh Yellow Squash	Mashed Potatoes	Cilantro Rice	Basil Roasted Zucchini
Sandwich Garnish w/Pickle	Fresh Steamed Broccoli	Potato Salad	Creamy Coleslaw	Steamed Fresh Green Beans	Mexican Corn	Creamy Coleslaw
Citrus Gelatin	Chilled Pears	Mixed Melon Salad	Brownie	Creamy Coleslaw	Creamy Coleslaw	Brownie
Vegetable Pasta Casserole(ML)	Pork Medallions	Spinach Swiss Quiche	Chicken Pesto Salad Wrap	Vanilla Ice Cream	Chocolate Chip Cookies	Chicken Salad Sandwich on Wheat
Peas with Fresh Dill	Potato Salad	Pickle Spear		Broccoli and Cheese Casserole	Egg Salad on Wheat	Sandwich Garnish w/Pickle
	Sandwich Garnish w/Pickle			Sandwich Garnish w/Pickle	Sandwich Garnish w/Pickle	

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