RCH 2024 - Week 1	JCI VICC 101 03/04/2024					Regular / Texture: Regular
MONDAY MAR 04	TUESDAY MAR 05	WEDNESDAY MAR 06	THURSDAY MAR 07	FRIDAY MAR 08	SATURDAY MAR 09	SUNDAY MAR 10
			BREAKFAST			
Fresh Whole Banana Oatmeal	Chilled Applesauce Oatmeal	Mandarin Orange Oatmeal	Fresh Whole Banana Oatmeal	Chilled Applesauce Oatmeal	Mandarin Orange Oatmeal	Fresh Whole Banana Oatmeal
Veggie Gratin Frittata	Egg Scrambled	Egg Scrambled	Egg Scrambled	Pancake	Egg Scrambled	Egg Scrambled
Orange Muffin	Wheat Toast	Cheerios	Cheese Blintz w/ Berry	Egg Scrambled	Banana Muffin	Wheat Toast
Cheerios	Raisin Bran Cereal	Sausage Links	Compote	Cheerios	Cheerios	Corn Flakes
Wheat Toast	Home Fries	Wheat Toast	Corn Flakes Raisin Toast	Wheat Toast	Raisin Toast	Sausage Patty
			LUNCH			
Romaine Tossed Salad	Iceberg Tossed Salad	Garden Salad	Mixed Green Salad	Caesar Salad	Garden Salad	Lettuce & Tomato Sala
Sweet Chili Tofu Stir	Chicken Piccata	Spaghetti & Meatballs	Beef Meatloaf	w/Dressing	Turkey Cutlet & Gravy	Shrimp Scampi
Fry(ML)	Herbed Couscous	Seasoned Green Beans	Mushroom Brown	White Fish Imperial	Roasted Red Potatoes	Garlic Angel Hair Pasta
Plain Lo Mein	Sauteed Spinach	Pineapple Parfait	Gravy	Brown Rice(OSG)	Braised Raisins Carrots	Sauteed Spinach
Strawberry Shortcake	Oatmeal Cookies	Hot Dog on Bun	Mashed Potatoes	Fresh Steamed Broccoli	Apple Coffeecake	Bread Pudding
Chicken Pot Pie	_Ratatouille Tart w/ Ham	Baked BBQ Beans	Braised Red Cabbage	Frosted Banana Cake	Shredded Beef & Cheese	
Biscuit	Chilled Diced Pears	Mixed Corn Vegetable Chocolate Cake	Coconut Brownie	Flatbread Cheese Pizza(ML) California Mixed Blend Fruited Gelatin Salad	Quesadilla	Style
Fresh Garden Blend			Smothered Pork Chop		Fresh Garden Blend	Scalloped Potatoes
Vegetables			Macaroni Elbow Pasta		Vegetables	Steamed Peas & Pearl
Chilled Peaches					Pudding	Onions Chilled Disad Boars
			Diced Chilled Peaches			Chilled Diced Pears
			DINNER			
Butternut Squash Soup		Lentil & Ham Soup	Minestrone Soup	Broccoli Cheese	Navy Bean Soup(OSG)	Tuscan Chicken &
Turkey Reuben Sandwich	Stir Fry Pork	Turkey Shepherd's Pie	Hmd(OSG)	Soup(ML) Pork Schnitzel	Grilled American	BeanSoup(GF)
	Brown Rice	Beet Salad	Children Thirds	Cheese On Wheat	Stuffed Cabbage Roll	
Potato Chips Roasted Zucchini and	Vegetable Stir Fry	Sherbet	Au Jus Gravy	_Warm German Potato Salad	Cauliflower & Red Peppers	Roasted Potato Wedge Buttered Carrots
Roasted Zucchini and Squash	Frosted Orange Cake	Egg Salad on Croissant	Rice Pilaf	Steamed Sauerkraut	Cranberry Cupcakes	
Applesauce Cake	Tuna Melt Sandwich on	Parsnips& Carrots	Steamed Fresh Zucchin		w/Maple	Cherry Pie Philadelphia Cheesestea
Herb Crusted Flounder	Wheat Potato Chips	w/Honey Pudding	Apple Pie	Trio Salad Plate	Kielbasa Sausage	-Sandwich
Lemon Sauce	Steamed Broccoli	_i dddilig	CottCheese/FreshFruit	Oatmeal Raisin Cookie	Pierogies w/Onion	Potato Chips
Orzo	_Steamed Broccoll Chocolate Ice Cream Cup		Saltine Crackers		Seasoned Green Beans	California Mixed Blend
Peas & Carrots-Seasoned		,	Carrot Sticks		Chocolate Ice Cream	Fruit & Gelatin Cup
Chocolate Ice Cream			Vanilla Bean Ice Cream			'