

MONDAY	JAN 15	TUESDAY	JAN 16	WEDNESDAY	JAN 17	THURSDAY	JAN 18	FRIDAY	JAN 19	SATURDAY	JAN 20	SUNDAY	JAN 21
BREAKFAST													
Chilled Applesauce	Mandarin Orange	Fresh Whole Banana	Chilled Applesauce	Mandarin Orange	Fresh Whole Banana	Chilled Applesauce	Mandarin Orange	Fresh Whole Banana	Chilled Applesauce				
Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
Egg Scrambled	Egg Scrambled	Egg Scrambled	Egg Scrambled	Egg Scrambled	Egg Scrambled	Egg Scrambled	Egg Scrambled	Egg Scrambled	Egg Scrambled	Egg Scrambled	Egg Scrambled	Egg Scrambled	Egg Scrambled
Blueberry Muffin	Waffle	Hashbrowns w/Onion	Wheat Toast	Wheat Toast	Wheat Toast	Wheat Toast	Wheat Toast	Wheat Toast	Wheat Toast	Wheat Toast	Wheat Toast	Wheat Toast	Wheat Toast
Cheerios	Raisin Bran Cereal	Cheerios	Corn Flakes	Cheerios	Corn Flakes	Cheerios	Corn Flakes	Cheerios	Corn Flakes	Sausage Links	Cheerios	Corn Flakes	Corn Flakes
Wheat Toast		White Toast								Cheerios			
LUNCH													
Garden Salad	Garden Salad	Garden Salad	Garden Salad	Iceberg & Onion Salad/ Drg	Garden Salad	Garden Salad	Garden Salad	Iceberg & Onion Salad/ Drg	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Swedish Meatballs	Sweet & Sour Pineapple	Baked Whitefish	Pork Chop & Apples	Beef Stew	Honey Roasted Chicken	GF Apricot Ginger Chicken							
Rice Pilaf	Pork OSG	White Wine Sauce	Mashed Potatoes	Wheat Roll	Fried Rice	Baked Potato							
Seasoned Green Beans	Rice White	Orange Roast Sweet Potato	Steamed Fresh Green Beans	Pineapple Upside-Down Cake	Roasted Cauliflower	Roasted Zucchini and Squash							
Lemon Cake	California Mixed Blend	Fresh Steamed Broccoli	Cannoli Cream	Shrimp Salad Sub	Vanilla Mousse	Banana Parfait							
Manicotti	Pear and Cranberry Cobbler	Lemon Chess Pie	Hamburger Macaroni Casserole	Potato Chips	Eggplant Rollatini(ML)	Spaghetti & Meatballs							
w/MushroomSpinachSauce(ML)	Cheese Lasagna(ML)	Turkey Meatloaf w/Peppers(OSG)	Seasoned Red Beets	Three Bean Salad	Garlic Angel Hair Pasta	Buttered Carrots							
Italian Bread	Seasoned Green Beans	Double Boiled Mashed Potato	Citrus Gelatin	Citrus Gelatin	Steamed Green Peas	Chilled Fruit Cocktail							
Citrus Gelatin	Ice Cream Vanilla	Buttered Carrots			Chilled Fruit Cocktail								
		Chocolate Ice Cream Cup											
DINNER													
Chili Soup	Sloppy Joe on Bun	French Onion Soup	Cream of Broccoli Soup	Hawaiian Ham	Homemade Split Pea Soup w/Ham(GF)	Southwest Vegetable Soup							
Maple Glazed Ham	Golden Roasted Potato Wedges	Beef Pot Pie	Ham Italian Melt	Mashed Potatoes	Carolina Pulled Pork Sandwich	Braised Beef Brisket							
Macaroni & Cheese	Buttered Carrots	Chocolate Cake	Potato Chips	Sauteed Fresh Spinach	Tater Tots	Balsamic Glaze(OSG)							
Roasted Spaghetti Squash	Vanilla Mousse	Chicken Cordon Bleu Sandwich	Fresh Garden Blend Vegetables	Apple Crisp	Creamy Coleslaw	Rice Pilaf							
Poke Cake	Homemade Garden Veg Soup(OSG)	Potato Chips	Ice Cream Sundae w/Caramel	Split Pea Soup(ML)(GF)	Peanut Butter Brownie	Squash casserole							
Pulled Chicken BBQ on Bun	Eggplant Bean Ragout(ML)	California Mixed Blend	Turkey & Egg Chef Salad	Three Bean Chili(ML)	Stuffed Bell Pepper	Chocolate Chip Cookies							
Creamy Coleslaw	Wheat Roll	Vanilla Bean Ice Cream	Parmesan Breadstick	Rice Pilaf	Roasted Root Vegetables	Leek & Swiss Quiche(ML)							
Oatmeal Cookies	Oatmeal Raisin Cookies		Coconut Cake	Fresh Steamed Broccoli	Chilled Diced Pears	Roasted Herb Baby Carrots							
				Vanilla Ice Cream		Chilled Diced Pears							