

MONDAY	NOV 20	TUESDAY	NOV 21	WEDNESDAY	NOV 22	THURSDAY	NOV 23	FRIDAY	NOV 24	SATURDAY	NOV 25	SUNDAY	NOV 26
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**BREAKFAST**

Chilled Applesauce	Mandarin Orange	Fresh Whole Banana	Chilled Applesauce	Mandarin Orange	Fresh Whole Banana	Chilled Applesauce
Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
Egg Scrambled	Egg Scrambled	Egg Scrambled	Egg Scrambled	Egg Scrambled	Egg Scrambled	Egg Scrambled
Blueberry Muffin	Waffle	Hashbrowns w/Onion	Wheat Toast	Wheat Toast	Wheat Toast	Wheat Toast
Cheerios	Raisin Bran Cereal	Cheerios	Corn Flakes	Cheerios	Sausage Links	Corn Flakes
Wheat Toast		White Toast			Cheerios	

**LUNCH**

Garden Salad	Garden Salad	Garden Salad	<b>RCH2023 ThanksGiving</b>	Iceberg & Onion Salad/ Drg	Garden Salad	Garden Salad
Swedish Meatballs	Sweet & Sour Pineapple	Baked Whitefish		Beef Stew	Honey Roasted Chicken	GF Apricot Ginger Chicken
Rice Pilaf	Pork OSG	White Wine Sauce		Wheat Roll	Fried Rice	Baked Potato
Seasoned Green Beans	Rice White	Orange Roast Sweet Potato		Pineapple Upside-Down Cake	Roasted Cauliflower	Roasted Zucchini and Squash
Lemon Cake	California Mixed Blend	Fresh Steamed Broccoli		Shrimp Salad Sub	Vanilla Mousse	Banana Parfait
Manicotti w/MushroomSpinachSauce(ML)	Pear and Cranberry Cobbler	Lemon Chess Pie		Potato Chips	Eggplant Rollatini(ML)	Spaghetti & Meatballs
Italian Bread	Cheese Lasagna(ML)	Turkey Meatloaf w/Peppers(OSG)		Three Bean Salad	Garlic Angel Hair Pasta	Buttered Carrots
Citrus Gelatin	Seasoned Green Beans	Double Boiled Mashed Potato		Citrus Gelatin	Steamed Green Peas	Chilled Fruit Cocktail
	Ice Cream Vanilla	Buttered Carrots			Chilled Fruit Cocktail	
		Chocolate Ice Cream Cup				

**DINNER**

Chili Soup	Chicken Noodle Soup	French Onion Soup	Homemade Garden Veg Soup(OSG)	Mushroom Barley Soup	Homemade Split Pea Soup w/Ham(GF)	Homemade Tomato Soup
Maple Glazed Ham	Sloppy Joe on Bun	Beef Pot Pie	Ham Italian Melt	Hawaiian Ham	Carolina Pulled Pork Sandwich	Braised Beef Brisket
Macaroni & Cheese	Golden Roasted Potato Wedges	Baked Red Apple	Potato Chips	Mashed Potatoes	Tater Tots	Balsamic Glaze(OSG)
Roasted Spaghetti Squash	Buttered Carrots	Chicken Noodle Soup	Fresh Garden Blend Vegetables	Sauteed Fresh Spinach	Creamy Coleslaw	Rice Pilaf
Poke Cake	Vanilla Mousse	Chicken Cordon Bleu Sandwich	Ice Cream Sundae w/Caramel	Apple Crisp	Peanut Butter Brownie	Squash casserole
Cheese Soup	Homemade Garden Veg Soup(OSG)	Potato Chips	Cream of Broccoli Soup	Split Pea Soup(ML)(GF)	Homemade Tomato Soup	Chocolate Chip Cookies
Pulled Chicken BBQ on Bun	Eggplant Bean Ragout(ML)	California Mixed Blend	Turkey & Egg Chef Salad	Three Bean Chili(ML)	Stuffed Bell Pepper	Chicken Vegetable Soup(GF)
Creamy Coleslaw	Wheat Roll	Vanilla Bean Ice Cream	Parmesan Breadstick	Rice Pilaf	Roasted Root Vegetables	Leek & Swiss Quiche(ML)
Oatmeal Cookies	Oatmeal Raisin Cookies		Coconut Cake	Fresh Steamed Broccoli	Chilled Diced Pears	Roasted Herb Baby Carrots
				Vanilla Ice Cream		Chilled Diced Pears