

MONDAY	SEP 18	TUESDAY	SEP 19	WEDNESDAY	SEP 20	THURSDAY	SEP 21	FRIDAY	SEP 22	SATURDAY	SEP 23	SUNDAY	SEP 24
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BREAKFAST

Fresh Whole Banana	Chilled Applesauce	Mandarin Orange	Fresh Whole Banana	Chilled Applesauce	Mandarin Orange	Fresh Whole Banana
Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
Veggie Gratin Frittata	Egg Scrambled	Egg Scrambled	Egg Scrambled	Pancake	Egg Scrambled	Egg Scrambled
Orange Muffin	Wheat Toast	Cheerios	Cheese Blintz w/ Berry Compote	Egg Scrambled	Apple Muffin	Wheat Toast
Cheerios	Raisin Bran Cereal	Sausage Links	Corn Flakes	Cheerios	Cheerios	Corn Flakes
Wheat Toast	Home Fries	Wheat Toast	Raisin Toast	Wheat Toast	Raisin Toast	Sausage Patty

LUNCH

Romaine Tossed Salad	Iceberg Tossed Salad	Garden Salad	Mixed Green Salad	Caesar Salad w/Dressing	Garden Salad	Lettuce & Tomato Salad
Vegetable Lo Mein(ML)	Chicken Piccata	Pork Tenderloin Marsala	Gyro Flatbread	Salmon Fillet Broiled	Turkey Cutlet & Gravy	Shrimp Scampi
Scrambled Eggs	Herbed Couscous	Rice Pilaf	Seasoned Green Peas	Brown Rice(OSG)	Roasted Red Potatoes	Garlic Angel Hair Pasta
Strawberry Shortcake	Sauteed Spinach	Seasoned Green Beans	Coconut Brownie	Fresh Steamed Broccoli	Braised Raisins Carrots	Sauteed Spinach
Chicken Pot Pie	Oatmeal Cookies	Pineapple Parfait	Smothered Pork Chop	Frosted Banana Cake	Frosted White Cake	Bread Pudding
Biscuit	Eggplant Mushroom Moussaka	Hot Dog on Bun	Macaroni Elbow Pasta	Flatbread Cheese Pizza	Shredded Beef & Cheese Quesadilla	Chicken Breaded Italian Style
Fresh Garden Blend Vegetables	Pita Bread Mini Rounds	Baked BBQ Beans	Glazed Carrots	California Mixed Blend	Fresh Garden Blend Vegetables	Scalloped Potatoes
Chilled Peaches	Chilled Diced Pears	Mixed Corn Vegetable	Diced Chilled Peaches	Fresh Fruit Cup	Puttong	Steamed Peas & Pearl Onions
		Watermelon Slice				Chilled Diced Pears

DINNER

Homemade Garden Veg Soup(OSG)	Egg Drop Soup(GF)	Lentil & Ham Soup	Minestrone Soup Hmd(OSG)	Broccoli Cheese Soup(ML)	Homemade Tomato Soup	Tuscan Chicken & BeanSoup(GF)
Turkey Reuben Sandwich	Stir Fry Pork	Turkey Shepherd's Pie	Rosemary Lemon Chicken Thighs	Pork Schnitzel	Grilled American Cheese On Wheat	Stuffed Cabbage Roll
Potato Chips	Brown Rice	Beet Salad	Rice Pilaf	Warm German Potato Salad	Cauliflower & Red Peppers	Roasted Potato Wedges
Roasted Zucchini and Squash	Vegetable Stir Fry	Sherbet	Steamed Fresh Zucchini	Steamed Sauerkraut	Cranberry Cupcakes w/Maple	Buttered Carrots
Ambrosia	Frosted Orange Cake	Egg Drop Soup(GF)	Blueberry Crisp	Raspberry Bavarian	Navy Bean Soup(OSG)	Blonde Bar
Butternut Squash Soup	Homemade Chunky Vegetable Soup(ML)(GF)	Egg Salad on Croissant	Chicken Noodle Soup	Chicken Noodle Soup	Kielbasa Sausage	Tomato Basil Soup(ML)
Herb Crusted Flounder	Tuna Melt Sandwich on Wheat	Parsnips& Carrots w/Honey	CottCheese/FreshFruit	Trio Salad Plate	Pierogies w/Onion	Philadelphia Cheesesteak Sandwich
Orzo	Potato Chips	Puttong	Carrot Sticks	Carrot & Celery Sticks	Seasoned Green Beans	Potato Chips
Peas & Carrots-Seasoned	Steamed Broccoli		Vanilla Bean Ice Cream	Oatmeal Raisin Cookie	Chocolate Ice Cream	California Mixed Blend
Chocolate Ice Cream	Chocolate Ice Cream Cup					Fruit & Gelatin Cup