RCH 2022 F/W - Week 3 Service for 02/20/2023

MONDAY FEB 20	TUESDAY FEB 21	WEDNESDAY FEB 22	BREAKFAST			
Mandarin Orange	Fresh Whole Banana	Chilled Applesauce	Mandarin Orange	Fresh Whole Banana	Chilled Applesauce	Mandarin Orange
Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
Turkey Sausage Patty	Egg Scrambled	Egg Scrambled	Egg Scrambled	Egg Scrambled	Egg Scrambled	Egg Scrambled
Egg Scrambled	Raisin Bran	Raisin Toast	Corn Flakes	Cheerios	Assorted Mini Danish	Home Fries
Cheerios	Wheat Toast	Cheerios	Wheat Toast	Wheat Toast	Cheerios	Sausage Patty
Wheat Toast		Wheat Toast			Wheat Toast	Corn Flakes
			LUNCH			
Romaine Tossed Salad	Baby Greens Tossed	Garden Salad	Tossed Salad	Garden Salad	Lettuce & Tomato Salad	Garden Salad
Furkey Salisbury Steak	Salad	alad Kielbasa & Peppers	w/Mushrooms	Salmon Patty(OSG)	Hawaiian Ham	Chicken Thigh Divan
Mashed Potatoes	Smothered Chicken	Pierogies w/Onion	Stuffed Bell Pepper	Baked Potato	Carrot and Sweet Potato	Herbed Linguine(K)
Roasted Butternut	Seasoned Egg Noodles	Braised Green Cabbage	Red Potatoes w/Garlic	Sauteed Spinach	Hash	Peas & Carrots-Seasone
Squash	Sauteed Spinach w/ Red	Apple Pie	Fresh Steamed	Banana Split Cake	Seasoned Green Beans	Chocolate Chip Cookies
Pineapple Crisp	Onion(OSG)	Butternut Squash Mac &	Cauliflower	Mustard Crusted Pork Loin	Cannoli Cream	Hungarian Goulash
Cheese Enchiladas(ML)	Carrot Cake	Cheese(OSG)	Lemon Tart/Topping	Apple Raisin Brown	Turkey Pot Pie	Rice White
Spanish Brown Rice	Vegetable Wheat Pizza(OSG)	Steamed Green Peas	Cheese Ravioli w/Marinara	Rice(OSG)	Mashed Root Vegetables	Seasoned Green Beans
Mixed Corn Vegetable	Fresh Steamed Cauliflower	Red Gelatin	Garlic Bread	Baby Lima Beans	Mandarin Orange	Vanilla Ice Cream
Chocolate Ice Cream Cup	Chocolate Ice Cream Cup		Sesame Steamed Broccoli	Chilled Fruit Cocktail		
			Red Gelatin			
			DINNER			
Beef & Rice Soup(GF)	Soup(OSG) S	Tomato Florentine Soup(OSG) Beer Battered Fish &	Split Pea Soup(ML)(GF) Turkey Reuben on	Curried Sweet Potato	Chicken Noodle Soup	Curried Sweet Potato
Chicken Cacciatore				Soup(OSG) Chicken Fried Chicken	Chicken Salad Pecan Sandwich	Soup(OSG) Cheesy Ziti Bake
Parslied Potato		Chips	Pumpernickel French Fried Potatoes	Tomato Couscous		Garlic Cheese Bread
Fresh Garden Blend Vegetables	Turnip Homemade Frosted	Oven-browned Potatoes	Autumn Roasted	Steamed Fresh Zucchini	Potato Chips Seasoned Green Beans	Seasoned Green Peas
Yellow Cake/Choc Icing	Banana Cupcake	Steamed Baby Carrots	Vegetables	Oatmeal Cookies	Chocolate Chip Cookies	Cappuccino Pudding
Lentil Soup	Chicken Noodle Soup	Cappuccino Pudding	Oatmeal Raisin Cookies	Beef Noodle Soup	Tomato Basil Soup(ML)	Homemade Garden Veg
Shrimp Salad Sub	Ham and Swiss Wrap	French Onion Soup	Tomato Florentine	Hamburger on a Bun	Mushroom Quiche(ML)	Soup(OSG)
Potato Chips	Fresh Baked Sweet Potato	Broccoli and Cheese	Soup(OSG)	Roasted Potato Wedges	Creamy Pasta Salad Rotini	Turkey Swedish Meatballs
Fresh Steamed Broccoli	Fries	Quiche(ML)	Veggie Gratin Frittata	Creamy Coleslaw	Autumn Roasted	Yukon Smashed Potatoes
Chilled Peaches	Fresh Steamed Broccoli	Macaroni Salad	Cornbread	Rainbow Sherbet	Vegetables	Lyonnaise Carrots
chilled Peaches	Chilled Peaches	Chilled Diced Pears	Seasoned Green Beans		Rainbow Sherbet	Chilled Fruit Cocktail
			Chilled Diced Pears			