

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
10:00 Exercise / MPR / Ch 40 10:30 Jewish Services /Ch. 40 10:45 Who am I? / MPR 1:15 Funny New Year Resolution & Jokes/Mpr 2:00 Kicking Off 2023 Social/ Refreshments: Short Bread Cookies MPR 3:15 Magazine Review / units Room visits/IN2L/1-1/Sensory-puzzles- Skypes <small>New Year's Day</small>	9:30 Exercise / Chan 40/ MPR 10:00 Rosary / Chan 40 / MPR 10:45 A First Time for Everything Trivia/units 1:15 Art Club with Nina / 2 nd A wing 1:15 IN2L Games/MPR 2:00 Winter Bingo/MPR 3:15 Card Games/Units 6:00 Sunset Lounge / 1 st fl dayroom Room visits/IN2L/1-1/ Sensory	Trip: 1:30pm Dunkin Donuts 9:30am Exercise / Ch 40 / MPR 10:00 Rosary / Ch 40 / MPR 10:30 Mini Pony Visit/MPR 1:15 Word Games/units 2:00 Winter Sing-along/units 3:00 Pet therapy with Max/Boomer/units/units 6:00 Movie / Mpr Room visits/IN2L/1-1/ Sensory, puzzles & skypes	9:30am Exercise / Ch 40/Mpr 10:00 Rosary / Ch 40/Mpr 10:45 Poetry/units 1:15 Mad Libs/Mpr 1:30 Afternoon Movie/units 3:00 Refreshments/units 6:00 Bingo / 2 nd fl Room visits/IN2L/1-1/ Sensory, puzzles & skypes	9:30am Exercise / MPR/ Ch 40 10:00 Rosary with Pastor Sam / Channel 40 / MPR 10:30 Reminiscing Ball/Mpr 1:30 Resident Council / Ch 40 /MPR 2:00pm Devotions /Mpr/Ch 40 3:00 Travel/San Francisco/MPR 6:00 Sunset Lounge / 1 st fl dayroom Room visits/IN2L/1-1/ Sensory, puzzles & skypes	9:30 Rosary & Hymn Sing / MPR / Ch 40 10:30 Tai Chi with Jim MPR 10:45 EZ Story: Game Day/units 1:30 Category Trivia / mpr 2:00 Hymn Sing/MPR/Ch 40 3:15 Three Kings Day drawing sheets/units 6:00 Bingo / MPR Skype/Room visits/IN2L/1-1/ sensory/ Puzzles	9:30 Rosary / MPR 10:00 Exercise / MPR 10:45 Table Game: units 2:00 Horseracing /Mpr 3:00 Musical Instrument Fun / Mpr Room visits/IN2L/1-1 Puzzles, Skypes	
9:00 Catholic Mass / MPR/ CH 40/ 10:00 Exercise / MPR/Ch 40 10:30 Jewish Services /Ch 40 10:45 Ring Toss/units 1:15 January Fun Facts /Mpr 2:00 Worship Service /MPR/CH 40 3:15 Manicures / units Room visits/IN2L/1-1/Sensory	9:30 Exercise / Chan 40/ MPR 10:00 Rosary / Chan 40 / MPR 10:45 You be the Judge/units 1:15 Art Club with Nina / 2 nd A wing 1:15 What am I? / Mpr 2:00 Bible Study/ MPR 3:15 Music & Melodies / units 6:00 Sunset Lounge / 1 st fl dayroom Room visits/IN2L/1-1/ Sensory	Trip: Huddy's 9:30am Exercise / MPR /Ch 40 10:00 Rosary / MPR / Ch. 40 10:30 Anyone Can Sing Group/Mpr 1:30 January Random Trivia/units 2:00 Cooking Club/Milk Shakes /units 3:15 Manicures/Units 6:00 Bingo / MPR Room visits/IN2L/1-1 Sensory, puzzles & skypes	9:30 Exercise / Channel 40 /mpr 10:00 Rosary / Channel 40 /mpr 10:45 Brain Teasers / units 1:30 Fun Time w/Rose /Mpr 2:00pm Monthly Birthday Party with Russell Martone/Mpr 3:15 Simple Craft/units 6:00 Bingo / Mpr Room visits/IN2L/1-1/ Sensory, puzzles & skypes	9:30 Exercise / MPR / Ch 40 10:00 Rosary with Pastor Sam / Channel 40 / MPR 10:45am Balloon Volleyball/units 1:15 Art Club with Nina / 2 nd A wing 1:15 IN2L Piggy Bankers/Mpr 2:00pm Devotions / Mpr 3:15 Short Story/units 6:00 Sunset Lounge / 1 st fl dayroom Room visits/IN2L/1-1/ Sensory, puzzles & skypes	9:30 Chronicles /units 10:00 Rosary / MPR / Ch 40 10:30 Pilates with Derrick/mpr 1:30 Chicken Soup or the Soul/Mpr 2:00 Hymn Sing/MPR/Ch 40 3:15 The Write Word Game: MLK Day Edition/units 6:00 Bingo / 2 nd fl Room visits/IN2L/1-1/ sensory/Puzzles/Skypes	9:30 Rosary / units 10:00 Exercise / units 10:30 Chronicles / units 1:30 Current Events / units 2:00 Movie / units 3:15 Drawing Pages / units Room visits/IN2L/1-1 Puzzles, Skypes	
9:00 Catholic Mass / MPR / Ch 40 10:00 Exercise / MPR / Ch 40 10:30 Jewish Service / Ch.40 10:45 You be the Judge / units 1:15 Relaxing Music/Mpr 2:00 Worship Service / MPR/ CH 40 3:15 Manicures/units Room visits/IN2L/1-1/Sensory	9:30 Exercise / Chan 40/ MPR 10:00 Rosary / Chan 40 / MPR 10:30 Martin Luther King Day Discussion/Mpr 1:15 Memorial to a Great Man/MPR 2:00 In Memory of MLK JR. with Barbara Harris/MPR 3:15 Penny Pitch /Units 6:00 Sunset Lounge / 1 st fl dayroom Room visits/IN2L/1-1/ Sensory <small>Martin Luther King Jr. Day</small>	Trip: IHOP 9:15am Exercise /Ch 40/ Mpr 9:45 Rosary / Ch 40 /Mpr 10:30 Mini Pony Visit/Mpr 1:30 Food Exploration/MPR 2:30 Winter Craft/Units 3:00 Beatles Trivia/Songs/units 6:00 Bingo / MPR Room visits/IN2L/1-1/ Sensory, puzzles & skypes	9:30 Exercise / Ch. 40 /Mpr 10:00 Rosary / Ch 40 /mpr 10:30 Maggie & Friends/Mpr 1:30 Marshmallow Masterpiece/voting/Mpr 2:00 Winter Blast: Hot Cocoa Bar: Mpr 3:00 Marshmallow Pong & Games/Mpr 6:00 Bingo / Mpr Room visits/IN2L/1-1/ Sensory, puzzles & skypes	9:30 Exercise / MPR / Ch 40 10:00 Rosary with Pastor Sam / Channel 40 / MPR 10:45am Cereals of the 60's/units 1:30 Hangman/Mpr 1:15 Art Club with Nina / 2 nd A wing 2:00pm Devotions / Mpr 3:00 Toss Across / Games /units 6:00 Sunset Lounge / 1 st fl dayroom Room visits/IN2L/1-1/ Sensory, puzzles & skypes	9:30 Chronicles / units 10:00 Rosary / MPR /Chan.40 10:30 Tai Chi / MPR /Chan. 40 1:30 EZ Does it Trivia / Mpr 2:00 Hymn Sing & Prayer/MPR/Ch 40 3:00 Anyone Can Sing /Mpr 6:00 Bingo Room visits/IN2L/1-1/ sensory/Puzzles/Skypes	9:30 Rosary / MPR 10:00 Exercise / MPR 10:45 Chronicles / units 1:30 Coffee & the News / MPR 2:00 Bowling / Mpr 3:15 Gardening / units Room visits/IN2L/1-1 Puzzles, Skypes	
9:00 Catholic Mass / MPR/Ch 40 10:00 Exercise / MPR / Ch 40 10:30 Jewish Service / Ch.40 10:45 Are you a Rabbit? /units 1:15 IN2L Games/Mpr 2:00 Worship Service / MPR /CH 40 3:00 1960's Bingo/Mpr Room visits/IN2L/1-1/Sensory <small>Chinese New Year (Year of the Rabbit)</small>	9:30 Exercise / Chan 40/ MPR 10:00 Rosary / Chan 40 / MPR 10:30 Bible Study/ MPR 1:15 Random Trivia/Mpr 2:00 Chinese New Year Happy Hour/MPR 3:15 Manicures/MPR 6:00 Sunset Lounge / 1 st fl dayroom Room visits/IN2L/1-1/ Sensory <small>Activity Professionals Week</small>	Trip: Pine Tavern 9:30am Exercise / Ch 40/MPR 10:00 Rosary / Chan 40 MPR 10:45 Mad Libs/Units 1:15 January IQ /Units 2:00 Novelty Cart/Mpr 3:00 Manicures/Units 6:00 Bingo / MPR Room visits/IN2L/1-1/ Sensory, puzzles & skypes	9:30 Exercise / Ch. 40 /Mpr 10:00 Rosary / Ch 40 /mpr 10:45 Paint by Numbers / units 1:30 Art & Jazz Show with the Betsie's Family: MPR 2:45 Penny Pitch/units 3:15 Sing a Long/Mpr 6:00 Bingo / Mpr Room visits/IN2L/1-1/ Sensory, puzzles & skypes	9:30 Exercise / MPR / Ch 40 10:00 Rosary with Pastor Sam / Channel 40 / MPR 10:45am Wacky Words/Units 1:15 IN2L/Mpr 1:15 Art Club with Nina / 2 nd A wing 2:00pm Devotions / Mpr 3:00 Throwing for Points: MPR 6:00 Sunset Lounge / 1 st fl dayroom Room visits/IN2L/1-1/ Sensory, puzzles & skypes <small>Australia Day (observed)</small>	9:30 Chronicles /units 10:00 Rosary / MPR / Chan 40 10:30 Exercise MPR / Ch 40 1:30 Bean Bag Toss Game/units 2:00 Hymn Sing IN2L/MPR/Ch 40 3:15 Chicken Soup for the Soul/units 6:00 Bingo / MPR IN2L/Skype/Room visits/1-1/ sensory/Puzzles	9:30 Rosary / units 10:00 Exercise / units 10:30 Chronicles / units 1:30 Current Events / units 2:00 Manicures / units 3:15 Name that 1960's Tune / units Room visits/IN2L/1-1 Puzzles, Skypes	
9:00 Catholic Mass / MPR/Ch 40 10:00 Exercise / MPR / Ch 40 10:30 Jewish Service / Ch.40 10:45 Bean Bag Triva/units 1:15 Sing-Along /Mpr 2:00 Worship Service / MPR /CH 40 3:15 Board Games /Units Room visits/IN2L/1-1/Sensory	Wear Your Favorite Sports Wear 9:30 Exercise / Chan 40/ MPR 10:00 Rosary / Chan 40 / MPR 10:45 Football Craft/units 1:15 Art Club with Nina / 2 nd A wing 1:15 The Price was Right 1960's/Mpr 2:00 Bible Study/ MPR 3:00 Parachute Game/Mpr 6:00 Sunset Lounge / 1 st fl dayroom Room visits/IN2L/1-1/	9:30am Exercise / Ch 40/MPR 10:00 Rosary / Chan 40 MPR 10:45 Tell All: Reminiscing/units 1:15 Jeopardy Trivia /units 2:00 Janet & Joe/Mpr 3:00 Just Your Cup of Tea/Mpr 6:00 Bingo / MPR Room visits/IN2L/1-1/ Sensory, puzzles & skypes	<h1>January 2023</h1> <h2>Reformed Church Home-Skilled Nursing</h2>				

Activities are Subject to Change.