

| MONDAY | AUG 08 | TUESDAY | AUG 09 | WEDNESDAY | AUG 10 | THURSDAY | AUG 11 | FRIDAY | AUG 12 | SATURDAY | AUG 13 | SUNDAY | AUG 14 |
|--------|--------|---------|--------|-----------|--------|----------|--------|--------|--------|----------|--------|--------|--------|
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BREAKFAST

| | | | | | | |
|--------------------|-----------------|----------------------|--------------------|----------------------|--------------------|--------------------|
| Chilled Applesauce | Mandarin Orange | Fresh Whole Banana | Chilled Applesauce | Mandarin Orange | Fresh Whole Banana | Chilled Applesauce |
| Oatmeal | Oatmeal | Oatmeal | Oatmeal | Oatmeal | Oatmeal | Oatmeal |
| Egg Scrambled | Egg Scrambled | Turkey Sausage Patty | Egg Scrambled | Egg Scrambled | Egg Scrambled | Egg Scrambled |
| O'Brien Potatoes | Pancake | Egg Scrambled | Banana Bread | Assorted Mini Danish | Sausage Links | Orange Muffin |
| Cheerios | Cheerios | Cheerios | Cheerios | Cheerios | Cheerios | Cheerios |
| Wheat Toast | Wheat Toast | Wheat Toast | Wheat Toast | Wheat Toast | Wheat Toast | Wheat Toast |

LUNCH

| | | | | | | |
|---|--------------------------------|--------------------------|--------------------------------|-------------------------|------------------------|-------------------------|
| Caesar Salad w/Dressing | Iceberg Tossed Salad | Iceberg Tossed Salad | RCH 2022 BBQ | Caesar Salad w/Dressing | Iceberg Tossed Salad | Iceberg Tossed Salad |
| Turkey Bolognese Sauce | Italian Dressing | Italian Dressing | Caesar Salad w/Dressing | Herb Grilled Pork Chop | Balsamic Vinaigrette | Italian Dressing |
| Herbed Penne Pasta | Crispy Sesame Chicken | Turkey Cutlet & Gravy | Hamburger on a Bun | Baked Potato | Cheese Lasagna(ML) | Chicken Marsala |
| Garlic Bread | Rice White | Whipped Sweet Potatoes | Parmesan Roasted Potato Wedges | Mixed Corn Vegetable | Garlic Bread | Baked Sweet Potato Half |
| Fresh Steamed Broccoli | Sesame Carrots | Sauteed Swiss Chard(OSG) | Seasoned Green Beans | Cappuccino Pudding | Fresh Steamed Broccoli | Steamed Green Peas |
| Peanut Butter Cookies | Coconut Cake | Coffeecake | Watermelon Slice | Baked Tilapia | Mandarin Oranges | Fresh Honeydew Cubes |
| Stuffed Manicotti in Marinara Sauce(ML) | Vegetable Lo Mein(ML) | Leek & Swiss Quiche(ML) | Hot Dog on Bun | Wild Rice | Grilled Beef Tips | Swedish Meatballs |
| Asparagus Pepper Onion Medley | Steamed Broccoli & Cauliflower | Baked Potato | Baked BBQ Beans | Fresh Steamed Broccoli | Herbed Orzo Pasta | Plain Egg Noodle |
| Red Gelatin | Red Gelatin | Fresh Steamed Broccoli | Corn on the Cob Fresh Sherbet | Oatmeal Raisin Cookies | Buttered Carrots | Roasted Asparagus |
| | | Gelatin Parfait | | | Sugar Cookies | Peanut Butter Cookies |

DINNER

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|--------------------------|--------------------------------------|------------------------|----------------------------------|----------------------------|------------------------------|--------------------------------|
| Minestrone Soup Hmd(OSG) | Ginger Carrot Soup(ML) (GF) | Mushroom Barley Soup | Homemade Chicken & Rice Soup(GF) | Vegetarian Lentil Soup | Black Bean Soup(GF) | Tomato Basil Soup(ML) |
| Ham Italian Melt | Tuna Tomato Melt Sandwich | Chicken & Bean Burrito | Beef Meatloaf | Chicken Pot Pie | Tortellini Primavera(ML) | Braised Pork Shoulder |
| Potato Chips | Potato Salad | Mexican Rice | Mashed Potatoes | Roasted Red Beets | Sauteed Spinach | Herbed Rice |
| Potato Salad | Potato Chips | Southern Succotash | Steamed Green Peas | Pineapple Upside-Down Cake | Brownie | Seasoned Green Beans |
| Fresh Pineapple | Chocolate Cake | Chocolate Pudding | Chilled Peaches | Chicken Noodle Soup | Chicken Noodle Soup | Oatmeal Raisin Cookies |
| Chicken Noodle Soup | Chicken Noodle Soup | Chicken Noodle Soup | Homemade Tomato Soup | Black Russian Melt | Chicken Vegetable Quesadilla | Chicken Noodle Soup |
| Cobb Salad | Stuffed Shells w/ Marinara Sauce(ML) | Crusted Pollock | Shrimp Salad Sub | Potato Chips | Cilantro Rice | Turkey Burger on Wheat Bun |
| Potato Chips | Seasoned Green Beans | Mashed Potatoes | Potato Chips | Vanilla Ice Cream | Chuckwagon Corn | Parmesan Roasted Potato Wedges |
| Steamed Fresh Spinach | Vanilla Ice Cream | Buttered Carrots | Tomato Cucumber Salad | | Vanilla Ice Cream | Tomato Cucumber Salad |
| Vanilla Ice Cream | | Vanilla Ice Cream | Vanilla Ice Cream | | | Vanilla Ice Cream |