

MONDAY	DEC 13	TUESDAY	DEC 14	WEDNESDAY	DEC 15	THURSDAY	DEC 16	FRIDAY	DEC 17	SATURDAY	DEC 18	SUNDAY	DEC 19
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**BREAKFAST**

Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Fresh Whole Banana	Chilled Applesauce	Fresh Whole Orange	Fresh Whole Banana	Fresh Whole Orange	Fresh Whole Banana	Chilled Applesauce	Fresh Whole Orange	Chilled Applesauce	Fresh Whole Orange	Fresh Whole Orange	Fresh Whole Banana	Fresh Whole Banana
Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
Turkey Sausage Patty	Breakfast Egg and Tomato	Sausage Links	Fried Egg	Sausage Links	Fried Egg	Broccoli and Cheese Quiche(ML)	Spanish Scramble	Broccoli and Cheese Quiche(ML)	Spanish Scramble	Spanish Scramble	Scrambled Eggs	Scrambled Eggs
Scrambled Eggs	Home Fries	Banana Chocolate Chip Pancake	Sweet Potato Home Fries	Banana Chocolate Chip Pancake	Sweet Potato Home Fries	Hashbrowns w/Onion	Apple Muffin	Hashbrowns w/Onion	Apple Muffin	Apple Muffin	Sausage Patty	Sausage Patty
Orange Muffin	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk
Apple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice
Cheerios	Cheerios	Cheerios	Cheerios	Cheerios	Cheerios	Cheerios	Cheerios	Cheerios	Cheerios	Cheerios	Cheerios	Cheerios
Wheat Toast	Wheat Toast	Wheat Toast	Wheat Toast	Wheat Toast	Wheat Toast	Wheat Toast	Wheat Toast	Wheat Toast	Wheat Toast	Wheat Toast	Raisin Toast	Raisin Toast

**LUNCH**

Iceberg Tossed Salad	Italian Dressing	Iceberg Tossed Salad	Caesar Salad w/Dressing	Baby Greens Tossed Salad	Baby Greens Tossed Salad	Iceberg Tossed Salad
Italian Dressing	Iceberg Tossed Salad	Ranch Dressing	Pierogies and Sauerkraut	Balsamic Vinaigrette	Balsamic Vinaigrette	Ranch Dressing
Tilapia Vera Cruz	Vegetarian French Bread Pizza	Rosemary Chicken	Garlic Oregano Chicken	Hot Dog on Bun	Hot Dog on Bun	Beef Tips in Mushroom Sauce
Herbed Couscous	Seasoned Green Beans	Rice Pilaf	Herbed Orzo Pasta	Baked BBQ Beans	Baked BBQ Beans	Vegetable Brown Rice
Lemon and Oregano Roasted Zucchini	Banana Cream Pie	Steamed Fresh Yellow Squash	Frosted Brownie	Corn on the Cob Fresh	Corn on the Cob Fresh	Parsley Carrots
Applesauce Cake	Stuffed Bell Pepper	Apple Pie	BakedSweetPotato Half	Watermelon Slice	Watermelon Slice	Lemon Poppyseed Cake
Grilled Ham Steak	BakedSweetPotato Half	Baked Whitefish	Seasoned Green Beans	Chicken Cacciatore	Chicken Cacciatore	Cilantro Lime Tilapia
BakedSweetPotato Half	Braised Greens & Peppers	BakedSweetPotato Half	Sauteed Fresh Spinach	BakedSweetPotato Half	BakedSweetPotato Half	BakedSweetPotato Half
Seasoned Green Beans	Vanilla Pudding	Seasoned Green Beans	Vanilla Pudding	Seasoned Green Beans	Seasoned Green Beans	Seasoned Green Beans
Vanilla Pudding		Vanilla Pudding		Vanilla Pudding	Vanilla Pudding	Vanilla Pudding

**DINNER**

Beef Noodle Soup	Homemade Split Pea Soup w/Ham(GF)	Curried Sweet Potato Soup(OSG)	Vegetarian Lentil Soup	Pinto Bean Soup(GF)	Homemade Barley Chunky Vegetable Soup(ML)	Chicken Noodle Soup
Chicken Cutlet on WW Bun	Orange Spice Pork Chop	Hot Turkey Sandwich on White	Ham Salad Sandwich on Wheat Bread	Shrimp Salad Sub	Shrimp Salad Sub	Tortellini w/ Marinara Sauce
Potato Chips	Herbed Orzo Pasta	Potato Chips	Potato Chips	Potato Chips	Potato Chips	Ratatouille
Caprese Salad	Seasoned Green Peas	Caprese Salad	Creamy Pasta Salad Penne	Creamy Pasta Salad Penne	Creamy Pasta Salad Penne	Scalloped Apples
Chilled Diced Pears	Crispy Rice Bar	Fresh Fruit Cup	Chilled Peaches	Frosted Spice Cake	Frosted Spice Cake	Homemade Tomato Soup
Homemade Tomato Soup	Chicken Noodle Soup	Chicken Noodle Soup	Chicken Noodle Soup	Chicken Noodle Soup	Chicken Noodle Soup	Turkey Pot Pie
Beef Chili	Chicken Caesar Salad/Dressing	Veggie Gratin Frittata	Beef Meatloaf	Spinach Feta Pie(ML)	Spinach Feta Pie(ML)	Fresh Steamed Broccoli
Jasmine Rice	Parmesan Breadstick	Fresh Baked Sweet Potato Fries	Mashed Potatoes	Broiled Tomatoes	Broiled Tomatoes	Lemon Sorbet
Sauteed Broccoli	Lemon Sorbet	Lemon Sorbet	Sauteed Zucchini	Lemon Sorbet	Lemon Sorbet	
Lemon Sorbet			Lemon Sorbet			